

2014 - 2015 Elementary School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week A	Chicago - Style Hot Dog	Roasted Bone-In BBQ Chicken with Country Cornbread	Egg & Cheese Breakfast Wrap	Pub - Style Soft Pretzel with warm Cheese sauce	Personal Cheese Pizza
Featured Accompaniment	Baked Beans	Sweet Potato Coins	Hashbrown Casserole	Apple & Blueberry Blend	Fresh Romaine Salad
Week B	Italian Bosco Pizza Sticks	Homestyle Bone-In Chicken with waffles & syrup	Cheeseburger Sliders	Mini Cheese Pizza Bagels	Seasonal Entrée
Featured Accompaniment	Fresh Apple Slices	Sweet Potato Casserole	Baked Potato Wedges	Fresh Baby Carrots	Raisins
Week C	Crispy Chicken Sandwich	Nachos El Grande	Warm Mini Pancakes with yogurt	Chicken Bites Bowl with Gravy with a soft breadstick	Cheesy Garlic French Bread Pizza
Featured Accompaniment	Fresh Cherry Tomatoes	Refried Beans	Warm Peaches	Seasoned Mashed Potatoes	Fresh Broccoli Florets
<p>Also Offered Daily: Munchables & Peanut Butter & Jelly Uncrustables or Peanut Butter & Jelly Graham</p> <p>Seasonal Entrée: Orange Chicken over Fried Rice, Crispy Fish Sticks, Lunchable or Creamy Chicken Alfredo</p>					

AUGUST					SEPTEMBER					OCTOBER					NOVEMBER				
M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F
				1	X	2	3	4	5			/	2	3					
4	5	6	7	8	8	9	10	11	12	6	7	8	9	10	3	4	/	6	7
11	12	13	14	15	15	16	17	18	19	13	14	15	16	17	10	X	12	13	14
18	19	20	21	22	22	23	24	X	26	20	21	22	23	X	17	18	19	20	21
A 25	26	27	28	29	C 29	30				A 27	28	29	30	31	B 24	25	X	X	X

DECEMBER					JANUARY					FEBRUARY					MARCH				
M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F
1	2	/	4	5				X	X	2	3	/	5	6	B X	3	4	5	6
A 8	9	10	11	12	C 5	6	7	8	9	B 9	10	11	12	X	C 9	10	/	12	13
B 15	16	17	18	19	A 12	13	/	15	16	C X	17	18	19	20	A 16	17	18	19	20
X	X	X	X	X	B X	20	21	22	23	A 23	24	25	26	27	B 23	24	25	26	27
X	X	X			C 26	27	28	29	30						C 30	31			

APRIL					MAY					JUNE				
M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F
			1	2					1	B 1	2	3	4	5
A 8	9	10	11	12	A 4	5	/	7	8	B 8	9	10	11	12
B 15	16	17	18	19	B 11	12	13	14	15	C 15	16	17	18	19
X	X	X	X	X	C 18	19	20	21	22	C 22	23	24	25	26
X	X	X			A X	26	27	28	29	C 29	30			

LUNCH PRICES:

Student: \$2.75

Extra Milk: \$0.60

Adult: \$3.25



District 65 is proud to serve locally grown fruits & vegetables in partnership with Evanston-based business, Farmlogix (Including: corn, frozen fruit blend, whole apples, milk & antibiotic free bone-in chicken)

Item can be made meatless for our vegetarian students & staff

Homemade item prepared daily, in our kitchens

Menu features:

- ◆ Choice of one entrée & up to three fruits & vegetables daily
- ◆ Bread Basket offered daily
- ◆ Assorted varieties of fresh, frozen, canned, or dried produce everyday
- ◆ Choice of cold & refreshing low fat white milk, fat free chocolate milk or fat free white milk

Alternate Lunch Days:

January 16, 2015

March 13, 2015

Parents can now manage student meal accounts, sign up for balance reminders & make online pre-payments using

MyLunchMoney.com

(link can be found on Nutrition Services website listed below)

- - First/Last Day
- X - No Meals
- / - Breakfast Only

Visit Nutrition Services on the web at www.district65.net/nutritionservices



NUTRITION SERVICES
Because food matters!

Dear Parents,

It is with pleasure that I welcome you to the 2014-15 school year! The Nutrition Services department works diligently to provide the students of District 65 with well-balanced and yummy meals. Our meals are created with our student's nourishment and readiness to learn in mind.

With that said, I wanted to share with you some of the highlights of our services. All of our meals are made using whole grains and low-sodium ingredients. We offer students up to six (6) fruit or vegetable selections daily. All of our meals come with wholesome fat-free or low-fat milk. When possible, we purchase locally grown produce and meat, such as apples, berries and bone-in chicken.

In addition, we offer a catering program that delivers birthday or other party treats to your child's classroom. From yogurt parfaits or chocolate covered strawberries, to a hummus and veggie platter or tortilla chips and salsa, our aim is to please.

As the school year kicks off, I want you to know that my door is always open. Please feel free to contact me either by phone or email. Also, don't forget to check out our website, www.district65.net/nutritionservices, for lots more information.

In good health,

Jordan Ryan

Jordan Ryan, RD, SNS
Nutrition Services Coordinator



Meal Payment

- Payments should be made in advance
- Cash or check can be handed in during morning homeroom, in an envelope marked Meal Account and should include the student's name, PIN number and homeroom number
- Checks should be made payable to District 65 Nutrition Services
- Credit card payments can be made using My Lunch Money from the Nutrition Services website (\$1.95 transaction fee)
- Free and reduced-price meal applications can be obtained from the Nutrition Services website, in your school or from the first floor of the JEH Administrative Center (1500 McDaniel Ave)

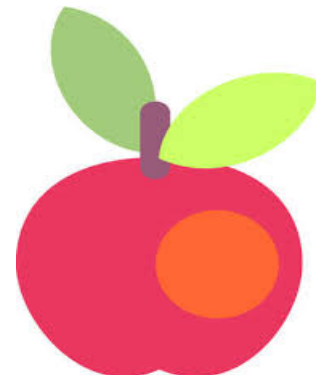


Breakfast Price:

\$2.00

Breakfast is served daily from
8:30—9:00 AM
at the following schools:
Dawes, Kingsley,
Oakton, Lincoln
Walker & Washington

from 7:30—8:00 AM
at Dr. Bessie Rhodes



Need healthy treats for your child's Classroom party?
Need some snacks for your afterschool meeting?

Did you know? We now offer catering!

Nutrition services offers a variety of sweet, savory & importantly, *nutritious* items delivered to your child's classroom or to your meeting.

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free 866/632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at 800/877-8339; or 800/845-6136 (Spanish). USDA is an equal opportunity provider and employer.

For more information
please contact:
Jordan Ryan, RD, SNS
Nutrition Services Coordinator
ryanj@district65.net
847.859.8130