

HEALTH FAIR



at Evanston Public Library

Engage, learn, participate, connect and have fun with important health resources in your local community!

Help us celebrate the first anniversary of the HIRCULES Health Hub, health information desks at the public libraries in Evanston and Skokie.

**Evanston Public Library, First Floor
November 17, 4-8 PM**

Join us for...

- Free blood pressure screenings (4-6 PM)
- Health and wellness tips, recipes, games, and giveaways (4-6 PM)
- Light Dinner (6-7 PM)
- Free flu shots (4-7 PM)
- Panel on “Nutrition and Wellness in the Age of Obesity” (7-8 PM)

Panelists include

Suzen Moeller, nutritional epidemiologist

Dr. Lynn Chehab, ETHS Staff pediatrician and co-chair of the Obesity Action Team at the Evanston Health Department

Mira Rodgers, Senior Director of Healthy Living at McGaw YMCA

See you there!



evanston public library

