

# HEALTH FAIR



at Evanston Public Library

**Engage, learn, participate, connect and have fun with important health resources in your local community!**

Help us celebrate the first anniversary of the HIRCULES Health Hub, health information desks at the public libraries in Evanston and Skokie.

**Evanston Public Library, First Floor  
November 17, 4-8 PM**

## Join us for...

- Free blood pressure screenings (4-6 PM)
- Health and wellness tips, recipes, games, and giveaways (4-6 PM)
- Light Dinner (6-7 PM)
- Free flu shots (4-7 PM)
- Panel on “Nutrition and Wellness in the Age of Obesity” (7-8 PM)

## Panelists include

**Suzen Moeller**, nutritional epidemiologist

**Dr. Lynn Chehab**, ETHS Staff pediatrician and co-chair of the Obesity Action Team at the Evanston Health Department

**Mira Rodgers**, Senior Director of Healthy Living at McGaw YMCA

**See you there!**



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