

SACC - Breakfast 2022

Evanston/Skokie School District 65

Fall/Winter Cycle Menu (Aug-Dec)



Monday

Tuesday

Wednesday

Thursday

Friday

Week A	<i>WG English Muffin (1) w/Cheese Peaches (1/2 cup) 1% Milk</i>	<i>Yogurt (4 oz) Granola (2T) Orange Wedges (1/2 cup) 1% Milk</i>	<i>Cold Cereal Cup (Low Sugar) Banana (1/2 cup) 1% Milk</i>	<i>WG Bagel (1) w/cream cheese Chicken Sausage Patty (1) Pears (1/2 cup) 1% Milk</i>	<i>Breakfast Muffin (1) Apple Slices (1/2 cup) 1% Milk</i>
	<i>Cold Cereal Cup Pineapple (1/2 cup) 1% Milk</i>	<i>Egg/Cheese Bagel (1) Clementines (1/2 cup) 1% Milk</i>	<i>WG Biscuit (1) w/Jelly Banana (1/2 cup) 1% milk</i>	<i>WG Pancakes (2) Maple Syrup Applesauce (1/2 cup) 1% Milk</i>	<i>Cold Cereal Cup Pears (1/2 cup) 1% Milk</i>
	<i>Cold Cereal Cup Mandarin Oranges (1/2 cup) 1% Milk</i>	<i>WG English Muffin (1) w/Jelly Peaches (1/2 cup) 1% Milk</i>	<i>Mini Waffles (1) Applesauce (1/2 cup) 1% Milk</i>	<i>WG Bagel (1) w/Cream Cheese Mixed Fruit (1/2 cup) 1% Milk</i>	<i>Cold Cereal Cup Orange Wedges (1/2 cup) 1% Milk</i>

Evanston/Skokie School District 65 Early Childhood Programs and the Child and Adult Care Food Program are available to all eligible children without regard to race color, national origin, age or handicap. Menu is subject to change without notice.

* Canned fruit choices are determined by the site staff members. Fresh fruit will be provided and served at peak ripeness. All milk offered at breakfast is 1% white. *WG denotes Whole Grain items.

AUGUST						SEPTEMBER						OCTOBER						NOVEMBER						DECEMBER						
M	T	W	TH	F		M	T	W	TH	F		M	T	W	TH	F		M	T	W	TH	F		M	T	W	TH	F		
X	X	X	X	X					1	2		A	3	4	X	6	7		B		1	/	3	4	B				1	2
X	X	X	X	X		C	X	6	7	8	9	B	10	11	X	13	14		C	7	X	9	10	11	C	5	6	/	8	9
X	X	X	X	X		A	12	13	14	15	16	C	17	18	19	20	X		A	14	15	16	17	18	A	12	13	14	15	16
A	X	X	24	25	26	B	19	20	21	22	23	A	24	25	26	27	28		B	X	X	X	X	X	B	19	20	21	22	23
B	29	30	31			C	X	27	28	29	30	B	31						B	28	29	30			B	X	X	X	X	X

SACC - Snack 2022

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 Fall/Winter Cycle Menu (Aug-Dec)



Monday

Tuesday

Wednesday

Thursday

Friday

Week A	WG Graham Crackers (1) Milk (8 oz)	Mozzarella Cheese Stick (1) WG Pretzels (1)	WG Cheez-its Applesauce (3/4 cup)	Wheat Crackers (1 oz) Cheese Cubes (1 oz)	Turkey Sandwich Sliced Turkey (2 slices) Wheat Bread (1 slice) mayo
Week B	Naan Dippers (3) Hummus (1/4 cup)	Veggie Crackers (1 oz) Cheddar Cheese (1 oz)	Yogurt (4 oz) Fresh Fruit (3/4 cup)	WG Muffin (1) Milk (8 oz)	WG Graham Crackers (1) Mixed Fruit (3/4 cup)
Week C	Yogurt (4 oz) WG Animal Crackers (1)	WG Graham Crackers (1 oz) Applesauce (3/4 cup)	Tortilla Chips (1 oz) Salsa (1/4 cup) Baby Carrots (1/2 cup)	WG Chex Mix (1) Fresh Fruit (3/4 C)	WG Bosco (1) Marinara Sauce (1 oz)

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M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F	M	T	W	TH	F				
X	X	X	X	X				1	2	A	3	4	X	6	7	B		1	/	3	4	B				1	2	
X	X	X	X	X	C	X	6	7	8	9	B	10	11	X	13	14	C	7	X	9	10	11	C	5	6	/	8	9
X	X	X	X	X	A	12	13	14	15	16	C	17	18	19	20	X	A	14	15	16	17	18	A	12	13	14	15	16
A	X	X	24	25	26	B	19	20	21	22	23	A	24	25	26	27	28	X	X	X	X	X	B	19	20	21	22	23
B	29	30	31		C	X	27	28	29	30	B	31					B	28	29	30			X	X	X	X	X	