

**DISTRICT 65 ELEMENTARY
SCHOOL ATHLETIC HANDBOOK
2022-2023**



**EVANSTON/SKOKIE
SCHOOL DISTRICT 65**

Every Child, Every Day, Whatever it Takes

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ELEMENTARY SCHOOL
ATHLETIC HANDBOOK
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INTRODUCTION

Dear District 65 Students, Families, and Caregivers,

We are excited to bring Elementary sports to District 65. Our school leaders have worked extremely hard to design a sports program that will not only allow students to participate in athletics but also learn important skills that can be utilized in the future. We want to create an environment that will prepare students for continued physical, academic, and social and emotional success. We hope that you will join us in our new journey as we further welcome opportunities for our students to engage in high quality sports and athletic programming.

The purpose of this handbook is to relay important rules and guidelines to students and families around sportsmanship, health and safety, and conduct and performance as they relate to athletic activities and academic integrity.

After reading this handbook, both the student athlete and a parent/caregiver must sign and return the parent permission form included at the close of this handbook. Signing these documents indicate that both the student athlete and the parent have read the handbook and agree to all policies and procedures described within the handbook.

Athletic Code

Student athletes should seek to conduct themselves in a manner that is respectful of coaches, teachers, opponents, teammates, other adults, and themselves. To participate in elementary school athletics, **students must be in attendance for a full scheduled day.** Student athletes are expected to stay in good academic standing at all times to be considered eligible to participate in afterschool athletic activities.

Sports Offerings

District 65 offers a variety of sports programming to our elementary school students. Below, please review a list of sports and activities offered each season. Students have the option to participate in one sport each season. Fall sports begin in August and run through November. Winter sports begin in November and continue through January. Spring sports begin in February and continue through March, with the exception of Track and Field. Track and Field begins at the end of March and continues through May. Practice dates for sports will be announced during the school year. All sports are offered to 4th and 5th graders.

Fall

Soccer
Flag Football

Winter

Basketball
Cheerleading

Spring

Track & Field
Soccer

Code of Conduct (Sportsmanship)

Having the opportunity to participate in athletics is an esteemed privilege that includes responsibilities to ones team, school, teammates, community, and to the athletes themselves. In addition, student athletes are expected to exhibit and to model the following traits: Respectfulness, Trustworthiness, Honesty, Responsibility, and Citizenship.

- **RESPECTFULNESS** I am respectful of myself, my team, teammates, opponents, coaches, and facilities. I will maintain a positive attitude even in tough times during games and activities. I will not use profanity or any other harmful words that may make someone/ a group of people feel unworthy or disrespected. I respect my

body and my sport by not using any form of drugs or illegal substances.

- **TRUSTWORTHINESS.** I am trustworthy. If my teammates or coaches share something, I will not tell outsiders. I will hold myself accountable for all my actions.
- **HONESTY.** I am honest. I will not cheat, lie, steal, or break the rules. I will not be deceptive in my speech, actions, or behaviors.
- I accept full **RESPONSIBILITY** for my actions. I will give my full effort on and off the playing field. I will set goals and do my best to reach them. I am reasonable for my behavior. I will demonstrate sportsmanship and self control at practice, during contests, classroom activities and throughout life.
- I practice good **CITIZENSHIP** by playing by the rules governing my sport and respecting the authority of the officials and coaches. I play with emotion and I direct that emotion towards my performance and the game, not other players or officials.

Athletic Expectations for Practices:

1. Athletes will report to practice on designated days. Athletes who leave a school or designated building before the start of practice will not be allowed back into the building unless discussed previously with their coach .
2. Athletes will be respectful to school property, coaches, teammates, and adults.

Athletic Eligibility

Responsibilities of Parents/Guardians:

Parents and caregivers play an important role in the success of our athletic program. Listed below are a few ways you can help our student athletes:

1. Please, help your child be on time to school and complete all coursework. A student will not improve athletically without practice and the same can be applied to academics. Please collaborate with your student about homework and other assignments if needed.
2. Lead the way. Show them what a good role model looks like.
3. Discuss any concerns related to your student's athletic performance with their coach. Be sure to allow your student to be an active participant in these conversations.
4. Assist your students with their sports uniforms.
5. Come support the team! Parent and caregiver presence at all games and activities has a tremendous impact on athletic performance and wellbeing.

Responsibilities of Coaches:

1. Coaches will supervise students at practice and games/meets.
2. All coaches will provide knowledge and mentoring in skills, relative to their sport.
3. Coaches will model what a good role model looks like.
4. Coaches will serve as monitors, encourage students, and give constructive feedback.
5. Coaches will develop training programs that will enhance student skills.
6. Coaches will assist with sports promotion and the development of the program.
7. Coaches will identify strengths and weaknesses of the athlete .

Warning of Risk

Students and parents are to be aware that athletic and activity participation has inherent dangers and risks. Even though participation and practice are within the rules of activity and students are following the instructions of the coach or sponsor, students may suffer catastrophic injuries. Their injuries may include, but are not limited to death, serious head, neck or spinal injuries that may result in complete or partial paralysis or brain damage. Serious injury to any of the internal organs, bones, ligaments, muscles, tendons or other aspects of the musculoskeletal system is possible. The injuries that may occur may affect the student's future ability to participate in athletics and activities, earn a living or engage in other business and social activities. To attempt to avoid the possibility of injury, students should follow their coaches or sponsors instructions regarding techniques, training and team rules at all times and participate within the rules of the sport or activity.

Requirements for Participation

In order to be able to participate in practices or contests, each athlete must have satisfied the following:

1. A valid State of Illinois **Child Health Examination Form** must be on file with the school health clerk.
2. A signed **Athletic Code Handbook Sheet** by each athlete and parent.
3. A signed **parent permission form** must be on file with the school office for each sport of participation. A copy of this permission form can be found at the close of this document.
4. Each athlete must be **passing classes** in accordance with the athletic eligibility policy described above.

Equipment

Athletes are responsible for all items of equipment they are issued. A complete record of all equipment issued will be kept for each athlete. All equipment must be returned at the end of that sport session unless stated otherwise

Lost equipment or equipment that is damaged must be paid for at the replacement cost. Athletes will ***not*** be issued equipment for subsequent sports and will ***not*** receive awards until equipment records have been cleared.

It is expected that athletes will take *PRIDE* in their equipment and wear it only at authorized contests and practices unless otherwise approved by coaches.

Athletic Awards

1. **Sportsmanship Award** – Each team coach will hand out the award to a player that displays a positive attitude, is a team player and shows great sportsmanship on and off the field.
2. **Participation Award**- Each athlete will receive a participation award if he/she competes in at least 80% of the contests and practices.

Activity Bus Expectations

Activity buses will be available to transport students from practice to their home or arranged drop location from parents.

- Students must not use profanity, fight, or consume food, while on the bus.
- Students may not bring skateboards or roller blades on the bus.
- Emergency exits must not be used unless evacuation of the bus is necessary for student safety.
- Students must ride the bus to which they have been assigned.
- Students are to remain seated on the bus and follow the instructions of the driver and adults in case of an emergency.
- Students are to respect the property and possessions of community members while on the bus.

Game Day Expectation

- Parents are responsible for dropping off and picking students up
- Must arrive 15 minutes prior to start time
- Bring extra clothes for unexpected weather conditions
- Be respectful to adults, staff members, peers, and facilities

Name of Schools, address, principals, and contact information

SCHOOL	ADDRESS	PRINCIPAL/ASSISTANT PRINCIPAL CONTACT INFORMATION
Bessie Rhodes	3701 Davis St, Skokie, IL	Keri Mendez
Chute	1400 Oakton St, Evanston, IL	Jim McHolland Ann Riemenschneider Tricia Murray
Dawes	440 Dodge Ave, Evanston, IL	Marlene Aponte Teresa Quinn

Dewey	1551 Wesley Ave, Evanston, IL	Anna Newsome Narishea Parham
Joseph E. Hill Early Childhood Center	1500 McDaniel Ave, Evanston, IL	Sharon Sprague
Haven	2417 Prairie Ave, Evanston, IL	Christopher Latting Thomas Smith Denise Gildon Elisa Lopez
King Arts	2424 Lake St, Evanston, IL	Rebecca Calloway Johnny Goodlow

Kingsley	2300 Green Bay Rd, Evanston, IL	David Davis
Lincoln	910 Forest Ave, Evanston, IL	Chasity Beckless Michael Shapiro
Lincolnwood	2600 Colfax St, Evanston, IL	Laura Pinosof Brittany Morse
Nichols	800 Greenleaf St, Evanston, IL	Marcus Wright Kathy Davis Andre Bell
Oakton	436 Ridge Ave, Evanston, IL	Christopher Robinson Michelle Bournes-Thomas
Orrington	2636 Orrington Ave, Evanston, IL	Jessica Plaza Josh Seldess
Park	828 Main St, Evanston, IL	Jillian Anderson Alyssa Hofeld
Rice	1101 Washington St, Evanston, IL	Shalema Francois- Blue Taurus Scurlock

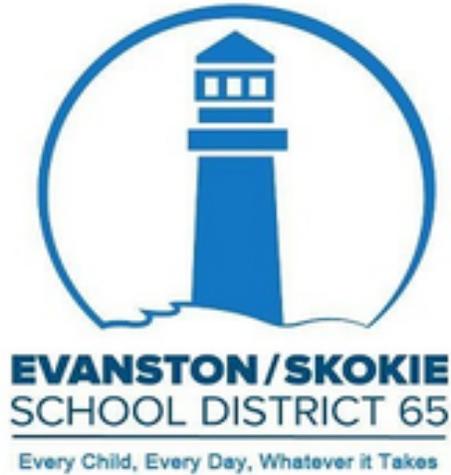
Walker	3601 Church St, Skokie, IL	James Gray Amy Wharton
Washington	914 Ashland Ave, Evanston, IL	Elizabeth Lopez Carlos Mendez
Willard	2700 Hurd Ave, Evanston, IL	Charmekia McCoy Michael Johnson

School Website

All this information will be available on our School Website.

Student-Athletic Handbook Signature Sheet

I have read the student athletic handbook and understand the expectations and policies that have been put in place. Please return this page with your signature to your student's coach and keep the handbook as a handy reference.



Student Name (Please Print) _____

Student Signature _____

Student Grade Level _____

Parent Name (Please Print) _____

Parent Signature _____

Date _____