



PPE IN DISTRICT 65

PERSONAL PROTECTIVE EMPOWERMENT

Mask wearing is a proven and effective strategy for reducing the spread of COVID-19 and an important mitigation measure in District 65. Masks are required to be worn to enter any District 65 building and must be worn at all times.

Students and staff should bring their own masks to school, including a spare! District 65 will supply a mask for those who do not have one or forget theirs. Please use the following guidance from the Centers for Disease Control and Prevention (CDC) to help ensure proper mask wearing.

Please review the CDC resource on [Improve How Your Mask Protects You](#) (released April 6, 2021).



How not to wear a mask



On your neck



Under your nose



On your forehead



Only on your nose



Under your chin



Dangling from one ear



On your arm

Choosing a mask to wear in District 65

- ✓ Check to be sure the mask fits snugly over the nose and mouth and under the chin and that there are no gaps around the sides
- ✓ Gaiters or face shields (without a mask) are not recommended
- ✓ Find a mask that is made for children to help ensure proper fit
- ✓ Do NOT put on children younger than 2 years old
- ✓ Choose a mask with a nose wire to prevent air from leaking out of the top of your mask and bend to fit over face

How should I wear my mask?

Wear a mask correctly and consistently for the best protection.

- ✓ Be sure to wash your hands or use hand sanitizer before putting on a mask.
- ✓ Do NOT touch the mask when wearing it. If you have to often touch/adjust your mask, it doesn't fit you properly, and you may need to find a different mask or make adjustments.



DO choose masks that



Has two or more layers of washable breathable fabric or consider layering a disposable mask underneath a cloth mask.



Completely cover your nose and mouth



Fit snugly against the sides of your face and don't have gaps

DO NOT choose masks that



Are made of fabric that makes it hard to breathe, for example, vinyl



Have exhalation valves or vents which allow virus particles to escape



Are intended for healthcare workers, including N95 respirators or surgical masks



Pro tip

Knot and tuck ear loops, if needed, to ensure a better fit.



How to Clean

Reusable masks should be washed regularly. Soiled surgical or disposable masks should be thrown away.

- ✓ Include your mask with your regular laundry
- ✓ Use regular laundry detergent and the warmest appropriate water setting for the cloth used to make the mask
- ✓ Use the highest heat setting and leave in the dryer until completely dry



Learn more about in-person learning, health, and safety measures at district65.net/mitigation

